

Acne Pre-Treatment Requirements

- Do not use Retin-A (or similar products) or glycolic preparations for 72 hours before a treatment.
- Accutane must not be taken for at least 6 months.
- Avoid taking products that cause photosensitivity (i.e. antibiotics).
- Avoid applying make-up, creams or oils the day of treatment. This may slow healing and increase the chance of infection.
- No tanning or tanning booths 1 month prior to treatment.
- No self-tanners for 2 weeks prior to treatment.
- Do not have facials, microdermabrasions, chemical peels or laser hair removal for at least 1 week before a treatment.
- Sometimes if you have sensitive skin you may experience minor discomfort during treatments. During your consultation we will determine if a pre-treatment topical is necessary to help anesthetize the treatment area.

Acne Post-Treatment Requirements

- It is mandatory to use a sunblock equivalent to Skinceuticals SPF30 daily after treatments. The purchase of this product is a requirement for our treatments.
- Do not use Retin-A (or similar products) or glycolic preparations for 72 hours after a treatment.
- Do not have facials, microdermabrasions, chemical peels or laser hair removal for at least 1 week after a treatment.
- Avoid tanning or tanning booths after treatment.
- If you experience temporary tenderness or inflammation, we recommend Tylenol and applying a cold compress. If this persists longer than 24 hours after your treatment, please contact the office.